

Kuntatt

mal-iskola ta' wliedkom

MESSAĠĠ MILL-KAP TAL-ISKOLA

Id-diversità li tgħaqqadna

Bħala parti mill-kors fl-Arti Performattiva offrut f'kollaborazzjoni mal-MCAST, l-istudenti tad-drama fl-iskola tagħna ħasbu u fasslu produzzjoni bit-tema tad-diversità. Kienet tassew okkażjoni speċjali nhar il-Ġimgħa 9 ta' Marzu meta dawn l-istudenti taw wirja qawwija li sammret lil kulhadd mas-siġġu b'messaġġ b'saħħtu li daħħal lil kulhadd f'qoxortu.

Ħafna drabi, id-dinja ta' madwarna toħnoqna b'mudelli ta' kif l-aħjar għandna nkunu u jekk ma nidhlux f'dak il-mudell naraw x'nagħmlu ħalli nirrangaw lilna nfusna biex tal-inqas inqarrbu lejn dak li tambru f'moħħna li hu normali. Izda x'inhu n-normali? Fil-verità n-normali ma jeżistix!

Immaġinaw għal sekonda waħda li kieku kulhadd kien ta' tul wieħed, kulur u stil ta' xagħar wieħed, kulur t'għajnejn wieħed – kulhadd l-istess. Kif nista' nqabbel lili nnifsi? Kif nista' ngħid li jien itwal jew iqsar minn ħaddieħor? Li xagħri u għajnejja differenti minn ta' ħaddieħor? Huwa l-fatt li teżisti d-diversità li tagħti sens lill-identità tiegħi! Jien naf li raġel għax jeżistu n-nisa. Naf li twil għax hemm min hu iqsar minni. U nista' nibqa' sejjer hekk bil-paraguni.



...kompli fuq paġna 3

"Spring is the time of plans and projects."

Leo Tolstoy

Welcome Spring! It's that wonderful time of the year when the weather starts getting warmer, nature comes to life and you can feel that new burst of energy that was severely lacking throughout our cold, humid winter.



I think we are rather lucky to benefit from weather which is typical of the Mediterranean region. I don't quite fancy being in the North Pole, where in spring a person would see the sun skimming across the horizon, beginning six months of uninterrupted daylight. At the same time, a person in the South Pole would see the sun skimming across the horizon, signalling the start of six months of darkness. Definitely not what I look forward to in spring!

By now, most of our January New Year's resolutions have fallen by the wayside. Don't feel too bad about that because according to research, only 10% of people actually keep them. Spring comes with the idea of rebirth and renewal, and most people see it as a time of change. So why not make a few spring resolutions which might actually make more sense?

With more hours of sunlight, warmer weather and vibrant colours to brighten our days, for me spring is about enjoying the outdoors. Why not go for a walk in the countryside and enjoy a breath of fresh air while admiring the trees and flowers in full bloom? Another option for those with seasonal allergies would be to relax on the beach, or for the more daring, take your first dip in the sea. Since the weather permits, why not opt for some form of physical exercise, be it sport, a dance class or maybe yoga? You will find it not only helps you physically but it will also relax you mentally.

Good nutrition affects our mood and energy level. Spring provides an abundance of fresh fruit and vegetables we can use in a variety of recipes. Typical of the season are broad beans for *kusksu* (a vegetable and pasta dish) or chickpeas (*ćićri*) as a healthy snack. You can also feast on seasonal fruit such as loquats (*naspli*), mulberries (*ćawšli*) or blackberries (*tuf*).

There's never a shortage of activities in Malta and Easter is definitely one of the biggest celebrations. Churches are decorated and important functions are held, especially in the last few days leading up to Easter Sunday. Probably the most popular are the visits to the seven churches on Maundy Thursday, the Good Friday processions and the Easter Sunday resurrection celebrations. And for those who fast throughout Lent, the *figolla* (a traditional Easter sweet made of almonds) is definitely worth the wait.

There are numerous other activities to look out for this spring. Mid-April marks the start of the Malta International Music Festival, with classical music in many varied forms, such as solo recitals, chamber concerts and grand orchestral

concerts. Firework enthusiasts will be eagerly awaiting the Malta International Fireworks Festival, to be held between the 22nd and 30th April in Valletta's Grand Harbour. This will be the perfect setting since it also marks the anniversary of Malta's EU membership. Another interesting event in April is the annual Medieval Mdina. The entire city is enveloped in an atmosphere from the Middle Ages, allowing visitors to travel back in time to the days of knighthood. Musicians play on street corners and the entire city is decorated with flowers spreading a lovely spring feeling.



As the late actor Robin Williams once said, "Spring is nature's way of saying, 'Let's party!'" So let's take advantage of our weather and abundance of activities in order to enrich ourselves physically, mentally and culturally.

Ms K. Callus
Teacher of English

...ikompli minn paġna 1

Dawn il-paraguni ma jagħmlunx aħjar jew agħar minn haddieħor. Il-problema tinqala' meta naħseb li l-identità tiegħi hi aħjar minn ta' haddieħor, meta nipprova nitgħolla billi nbaxxi lil haddieħor! Meta naħseb, per eżempju, li għax jien raġel għandi drittijiet iktar minn mara. Meta naħseb, per eżempju, li għax jien abjad għandi drittijiet iktar minn persuna ta' karnaġġjon skur.

Fil-ħajja hemm bżonn nifhmu li l-jien tiegħi ma jeżistix mingħajr haddieħor. Wisq nibża' li ħafna drabi n-nies jittolleraw lil xulxin iktar milli jirrispettaw lil xulxin. Int ma ttinix fastidju mela jien ma ntikx fastidju! It-tolleranza mhix rispettt. Ir-rispettt jiġi meta jien naċċetta l-persuna l-oħra kif inhi, meta fil-persuna l-oħra nagħraf nifhem jien min jien. U meta naċċetta lili nnifsi verament kif jien, inkun nista' verament nirrispetta u naċċetta bla ebda kundizzjoni lill-oħrajn – huma min huma, huma kif inhuma. Meta jeżisti dan ir-rispettt reċiproku nibdew ngħixu ferm aħjar.

Dan kien il-messaġġ li ppruvaw jgħaddulna l-istudenti bil-produzzjoni tagħhom. L-istudenti bdew billi ppruvaw jifhmu lilhom infushom, billi rrispettaw l-identità tagħhom. B'kuraġġ kbir dawn l-istudenti kitbu fuq sidirhom karatteristika tagħhom li tagħmilhom differenti mill-oħrajn – li tagħmilhom uniċi. Għax ippruvaw jifhmu lilhom infushom u fehmu li huma individwi partikolari jistgħu jifhmu ferm iżjed l-individwalità u l-partikolarità tal-persuni ta' madwarhom.

F'dinja mifnija b'egoizmu sfrenat fejn kulħadd jimpurtah biss mill-jien tiegħu u mhux minn haddieħor, dan kien messaġġ qawwi ta' tama. Tama li mhux kollox mitluf. Tama li ż-żgħażaġh tagħna jemmnu li d-diversità għandha tgħaqqadna u mhux tifridna.

Is-Sur M. Bondin
Kap tal-Iskola

TAHDITA MINN AWTUR MALTI

Nhar l-Erbgħa, 10 ta' Jannar, fl-iskola tagħna kellna attività differenti minn dik tas-soltu. Magħna kellna lill-awtur Malti Vincent Vella. Vella huwa awtur ta' bosta xogħlijiet, kemm bil-Malti kif ukoll bl-Ingliż. Huwa ġie jkellm lill-istudenti tal-ħames sena dwar in-novella tiegħu 'Bl-Irħis' li tinsab fl-antoloġija *Bejn Ħaltejn* u li qiegħda fis-sillabu tač-ĊES. Matul it-taħdita, l-istudenti kellhom ič-čans isaqsuh dwar il-kitbiet tiegħu, dwar x'jinspirah biex jikteb u dwar l-aħħar premjijiet letterarji li rebaħ kemm f'Malta kif ukoll lil hinn minn xtutna. Ma naqsux ukoll mistoqsijiet relatati man-novella nnifisha u mat-tema ewlenija tagħha. Żgur li għall-istudenti kienet esperjenza sabiħa aktar u aktar għall-fatt li setgħu jtkellmu mal-awtur tan-novella nnifsu u jsaqsuh b'mod dirett dak li xtaqu jiččaraw miegħu dwar in-novella 'Bl-Irħis'.



Id-Dipartiment tal-Malti

KELMTEJN MID-DIPARTIMENT TAL-FRANČIŽ

Kompetizzjoni Valletta 18

L-Assočjazzjoni tal-Għalliema tal-Frančiž (APFM) nediet kompetizzjoni għall-istudenti tal-Frančiž marbuta mal-okkażjoni tal-V18. L-istudenta tad-disa' sena Christine Scicluna ġiet it-tielet f'din il-kompetizzjoni fost l-iskejjel ta' Malta u Għawdex. Christine ġibdet filmat tal-monument ta' Dun Mikiel Xerri li jinsab fil-Belt Valletta u tkellmet bil-Frančiž dwar il-perjodu kemmxejn imqanqal tal-Frančizi f'Malta. Christine kienet mistiedna flimkien mal-ġenituri tagħha fič-Čentru tar-Riżorsi tal-Frančiž fl-Imsida fejn iltaqgħet mal-ambaxxatriči Franciža u ngħatat premju mill-isbaħ. Bravo Christine!

Il-Galette des Rois



Hekk kif joqrob Jannar, l-istudenti jibdedw jistaqsuna għall-famuża *Galette des Rois*. Din hija torta tal-lewż li fiha jkun hemm moħbi pupu tač-čeramika li bil-Frančiž jissejjaħ 'fève'. Il-familji Franciži jieklu din it-torta fil-festa tal-Epifanija jiġifieri fis-6 ta' Jannar u anke matul ix-xahar ta' Jannar kollu. Min isib il-pupu tač-čeramika ikun dikjarat re jew reġina u jinkurunawh b'kuruna tal-karti lewn id-deheb b'tifkira tat-tliet slaten Maġi li marru jżuru lil Ġesù Bambin. Din it-tradizzjoni tinzel tajjeb ferm mal-istudenti tagħna.

Kulħadd bit-tama ovvjament li jsib il-pupu tač-čeramika u jsir re/reġina! Dan minbarra l-fatt li





jduqu torta mill-itjeb ippreparata għalina mill-koki Franciżi ta' *Frensh* (Fresh & French Bakes). Prosit lill-istudenti kollha li għal darb'oħra reġġu attendew bi għarhom għal din l-attività.

Id-Dipartiment tal-Franciz



FORM 5 SPORTS DAY

A Sports day for Form 5 students was held on 15th January. A good number of students participated in this event.

By giving youths the opportunity to try a wider variety of sports, we can try to increase participation levels, widen the talent pool and help young people lead a healthier, more active lifestyle. Exercise and sports participation has long been established as an important factor in reducing the risk of many physical problems such as cardiovascular disease and obesity. Besides having many physical benefits, sport can become an important part of each individual's life. Schools have the opportunity to inspire and help young people get active and participate in sport.



Taking part in sporting activities can be very satisfying. Our Sports Days are designed to be fun, exciting, challenging and rewarding. Students participated in Track & field events and Team Games (football, handball, basketball, volleyball and badminton). Overall it was a successful event.

Below are the results of each event and the winning class:



Overall winners: 5.2

Strongest man competition:
Abdulkader Alshlash

High Jump:
Jean Polidano

Long Jump:
Gary Mifsud

Throw:
Liam Pace

50m:
Gary Mifsud

50m:
Nicky Busuttil

100m:
Gary Mifsud

200m:
Gary Mifsud

400m:
Glen Calleja



Is-Sur S. Vella

Għalliem tal-Edukazzjoni Fizika

L-AMBAXXATA AMERIKANA F'MALTA



L-10 ta' Diċembru hija l-ġurnata internazzjonali ddedikata għad-drittijiet tal-bniedem. Bħala ċittadini li ngħixu f'soċjetà fejn id-drittijiet tagħna jiġu mħarsa, għandna nkomplu naħdmu biex kull persuna, kemm f'Malta kif ukoll f'pajjiżi oħra fid-dinja, tgawdi mid-drittijiet kollha tagħha. Għandha tiġi trattata b'mod ugwali daqs persuna oħra, irrispettivament mis-sess, l-età, ir-razza jew ir-religjon tagħna.

Biex tiġi ċelebrata din il-ġurnata u biex jiġu apprezzati d-drittijiet li aħna ngawdu minnhom f'pajjiżna, l-istudenti tat-tielet u tar-raba' sena tal-Istudji Soċjali Option żaru l-Ambaxxata Amerikana f'Malta li tinsab Ta' Qali. Din il-ħarġa kienet marbuta mad-drittijiet fundamentali tal-bniedem. Id-Dikjarazzjoni Universali tad-Drittijiet tal-Bniedem kienet saret mill-Ġnus Magħquda fl-1948 wara l-atroċitajiet li seħħew wara t-Tieni Gwerra Dinjija. L-iskop ta' din id-dikjarazzjoni kien li l-ingustizzji li seħħew ma jerġgħux jiġru għax kull persuna għandha tgħix 'il bogħod mill-biża' u t-theddid iżda f'libertà u sigurtà.

Matul din iż-żjara, l-istudenti fehmu x'inhom l-irwol ta' ambaxxata f'pajjiżna, fosthom li tagħti għajnuna u protezzjoni lill-persuni Amerikani li qed jgħixu f'Malta. Pereżempju din tipprovdihom il-permessi neċessarji biex jaħdmu f'pajjiżna. Irwol ieħor importanti li għandha l-Ambaxxata hu li żżomm relazzjonijiet tajbin bejn Malta u l-Istati Uniti fosthom relazzjonijiet ekonomiċi u politiċi bħal pereżempju meta jsir ftehim biex kumpaniji Amerikani jinvestu f'Malta.



Bħala drittijiet fundamentali, kull persuna tgawdi minn ċerti affarijiet bażiċi bħad-dritt li tgħix, kenn fejn toqgħod, ikel u xorb, li kulħadd għandu jiġi stmat daqs ħaddieħor u m'għandux ikun hemm diskriminazzjoni minħabba sess, età, kulur tal-ġilda, razza u religjon. L-istudenti huma konxji wkoll li għalkemm insibu ċerti minoritajiet f'pajjiżna, bħal persuni b'diżabilità, omosesswali u nies ta' ġilda skura fost oħrajn, dawn in-nies huma kollha intitolati għad-drittijiet kollha tagħhom u biex jgħixu b'mod ugwali u rispettat fis-soċjetà. Però irridu nżommu f'moħħna wkoll li fid-dinja hawn madwar biljun persuna li qed jgħixu f'faqar estrem, fejn f'kull minuta qed imutu mijiet bil-ġuħ u bil-mard u oħrajn li għaddejjin minn esperjenzi koroh bħal gwerer u persekuzzjoni.

Iż-żjara fl-Ambaxxata Amerikana kienet interessanti ħafna. Filwaqt li l-istudenti ħadu pjaċir jisimgħu u jiddiskutu dwar id-drittijiet tagħhom u ta' persuni differenti minnhom, ħadu interess ukoll jaraw kif inhi mibnija l-Ambaxxata, l-uffiċini minn fejn jaħdmu l-ħaddiema, fejn joqogħdu s-security guards Amerikani u anke l-affarijiet ta' rikreazzjoni li għandhom il-ħaddiema bħal gym u swimming pool.

ŻJARA ĠO SQALLIJA



“Esperjenza indimentikabbli”, “Qisna familja”, “Grazzi ta’ kollox” kienu ftit mill-kummenti li ntqalu kemm mill-istudenti kif ukoll mill-għalliema u LSA’s dwar il-mawra ta’ ġurnata fi Sqallija nhar is-Sibt 3 ta’ Marzu.

L-istudenti tal-Form 5 sena li qegħdin fil-programm tal-Prince’s Trust ħadmu bi sfiq biex jipproduċu l-Ġulepp tal-Ħarrub u jbiegħuh waqt il-Parents’ Evening u l-breaks. Bħala għalliema xtaqna li mill-profitt li l-istudenti għamlu nużawh b’mod li l-esperjenza tkun waħda unika. Iddiskutejna, argumentajna imma fl-aħħar qbilna li ġurnata Sqallija tkun ideali. Bdejna nfittxu fejn nistgħu mmorru, l-aħjar prezz li nistgħu nsibu u naraw li kulħadd għandu passaport validu. Insomma, avventura mill-bidu sal-aħħar. Għal uħud minna kienet ukoll l-ewwel darba li raw is-silġ. Kien hemm ukoll xi wħud li siefu għall-ewwel darba. Morna wkoll Taormina, belt mill-isbaħ b’veduti u storja interessanti. Ma jonqosx ukoll li xtrajna l-kannoli ta’ Sqallija u xi ġelat ukoll.

Bħala għalliema bqajna impressjonati bl-impjgiba eċċellenti tal-istudenti u nħasset ukoll is-sens ta’ familja li kien hemm bejnietna l-adulti kif ukoll l-istudenti. L-espressjonijiet tal-uċuh jixhdu dan kollu.

L-Għalliema tal-Prince’s Trust



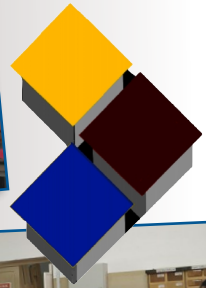
ŻJARA L-ALP

Kull sena l-istudenti tal-għaxar sena jkollhom jagħmlu għażla importanti. L-istudenti jkollhom jiddeċiedu bejn jibqgħux l-iskola tagħna fejn ikomplu jistudjaw għall-eżamijiet tas-SEC jew jagħzlu li jmorru fi skola fejn il-linja tkun waħda aktar vokazzjonali, l-iskola tal-ALP.

Il-proċess jibda meta t-tim tal-*Guidance* jtkellmu mal-istudenti tal-għaxar sena u jinfurmawhom fuq din l-iskola. Biex wieħed ikun jista' jagħmel għażla tajba, l-istudenti interessati neħduhom żjara f'din l-iskola ta' Raħal Ġdid. L-għan ta' din iż-żjara hu li l-istudenti jkunu konxji ta' x'korsijiet varji toffri din l-iskola kif ukoll jaraw oqsma differenti li wieħed jista' jagħżel. Fost dawn il-korsijiet wieħed isib il-kors tax-xagħar u s-sbuħija, fuq karozzi u kors fuq l-agrikoltura. Il-kors tal-ALP huwa ta' sena u jwassal sa ċertifikat ta' livell 1 jew 2, jiddependi mill-marka tal-istudent. Din l-iskola toffri sena oħra f'livell post sekondarju-ALP Plus. Minn din il-ġurnata l-istudenti joħorġu sodisfatti għax ikunu fehmu aktar fejn tista' twassal din l-iskola tal-ALP u minn hemm, bl-għajjnuna tal-għalliema tal-*Guidance* jgħinuhom jagħzlu l-linja li jkunu jixtiequ.

Nixtiequ nagħlqu billi ngħidu prosi lill-istudenti kollha li ġew magħna din iż-żjara. L-imġiba tagħhom kienet waħda tajba u l-mistoqsijiet li għamlu lejn l-aħħar taż-żjara kienu juru l-interess tagħhom. Prosi lill-istudenti kollha.

It-Tim tal-Guidance



**ALP
Paola**
Vocational
Creative
Centre



FOREIGN STUDENTS IN OUR SCHOOL

During the scholastic year, there is a yearly intake of foreign students coming from different countries. The school staff and students do their utmost so that these students, besides receiving the best possible education, are also made to feel welcome in our school. These students bring along with them their own languages and cultures. This provides a wonderful opportunity for Maltese students to learn in an informal way, about different ways of life and traditions as well as to practise a variety of foreign languages. This will also help us realize that although there are certain differences due to our various backgrounds, we are all human beings with feelings and emotions. Today, we are going to meet three of these students who have made Malta their home. Let's see what they had to say...

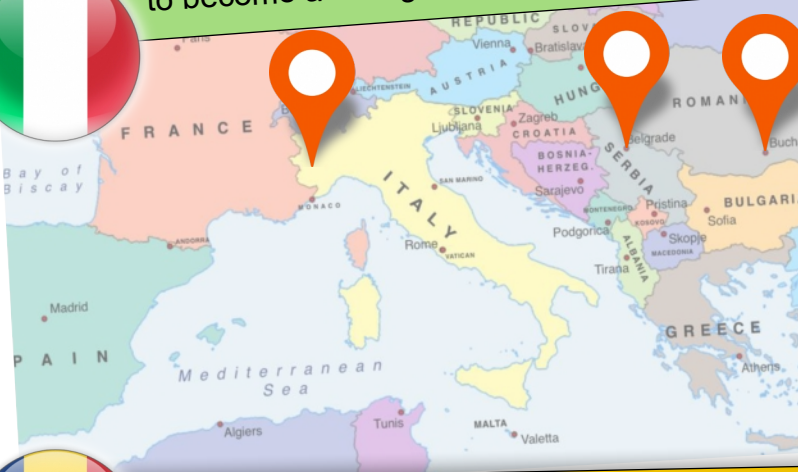


Name: Gabriele Massignan

Year: 10

Country: Italy

I came from Italy two years ago. I had some problems at first but it wasn't that difficult to make friends. Now I feel a bit nostalgic for my homeland but I am still happy here. I feel that this school is better than the one in Italy because the teachers care more about their students even if in Italy classes were smaller. When I grow up I would like to become a biologist.



Name: Suzana Bulić

Year: 10

Country: Serbia

I come from Serbia. I joined this school three years ago. At first I felt confused and lost but now I have lots of friends and I feel very happy at school although I have to admit that it was a bit difficult to make friends at first. When I compare Maltese schools to the ones I used to go to in Serbia, I think that here it is easier. After year 10, I would like to join the Alternative Learning Programme and then go to MCAST.



Name: Constantin Catalin Alexandru

Year: 10

Country: Romania

As a foreign student, I find the Maltese schools as being easy and efficient. The homework given by the teachers is easy to do and teachers here do not waste

a lot of time. The teachers are very kind to me, they always offer to help me whenever I don't understand something. Furthermore, the students offer to help me as well. My classmates have managed to blend me in without any problems. At the beginning of the year, every time I got lost, someone came for me to show me the way to the respective classroom.

On the other hand, I find the half-yearly and annual exams very annoying. I have to do all of them, even though in the future they may not be of use to me. In addition, the uniform is not very comfortable. Regardless of the weather and temperature, it makes me sweat a lot. However it is not a big problem as the uniform is not really that important. I come to school to study. Last but not least, the waking up is a serious problem for me. The school starts very early in the morning, I have to wake up at 5.00 a.m. to prepare for school.

Overall, there are good and bad points about everything. Despite the exams, the uniform and the schedule, I still enjoy coming to this school.



IMPORTANT DATES*

Date	Time	Event
26th March	08:00 - 14:00	Parents' Day
28th March - 5th April		Easter Holidays
6th April		First Day of Term 3
10th April	08:30 - 13:30	Trekking for Year 10 students
13th April	09:00 - 10:30	Career Exposure Celebration
16th April	08:00 - 14:20	Sports Day for Year 10 students
19th April	08:00 - 14:20	Casual Day
20th April	08:30 - 13:30	Trekking for Year 9 students
27th April	18:30	Celebration Day
28th & 29th April	18:30	Musical Joyful Joyful for the general public
2nd May	School ends at 11:50	SDP (Staff)
4th May	08:00 - 14:20	Sportsfest
23rd May	NO SCHOOL	SDP (Staff)
6th June	19:00	Festa Komunità
12th June - 28th June		Annual Exams
22nd June	19:00	Students' Bash
4th July	19:00	Form 5 Farewell

*Information is subject to change

NIDDISKUTU L-VJOLENZA DOMESTIKA FIL-PARLAMENT



Lejn l-aħħar tal-2017, saret kampanja ta' sittax-il ġurnata f'Malta biex il-poplu jiġi aktar konxju tal-vjolenza domestika f'pajjiżna. Matul din il-kampanja, aħna l-istudenti tal-Istudji Soċjali u tal-Istudji Ewropew minn skejjel differenti f'Malta ġejna mistiedna għal dibattitu fil-Parlament mal-Membri Parlamentari biex niddiskutu x'jista' jsir biex jitnaqqas dan l-att kriminali li ħafna drabi jkun moħbi bejn l-erba' ħitan tad-dar.

Il-Vjolenza domestika tirreferi għal kull att ta' vjolenza li jsir minn membru domestiku wieħed fuq membri oħra tal-familja. Din tista' tkun emozzjonali, fiżika, sesswali jew finanzjarja. Illum il-ġurnata, pajjiżi fl-Ewropa, fosthom Malta, qed jindirizzaw din il-problema bis-serjetà u qed jirrikonoxxu li din mhix problema tal-familja kkonċernata iżda tas-soċjetà ingenerali. Fl-2016, f'Malta ġew irrappurtati kważi elf u tliet mitt każ ta' vjolenza domestika, fejn elf minnhom kienu vjolenza fuq in-nisa, iżda l-Ministru tal-Ugwaljanza Helena Dalli qalet li ħadd m'għandu idea kemm hi kbira din il-problema peress li ħafna min-nies ikkonċernati, jiddeċiedu li jzommu din il-problema għalihom personali u ma jirrapportawx.

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Fost l-opinjoni jiet li tajna aħna l-istudenti fil-Parlament huma li rridu naħdmu biex neliminaw il-kultura maskilista li għandna f'Malta u tiżdied aktar



l-ugwaljanza. Eżempju ħafna drabi r-responsabbiltà tad-dar u tat-fal taqa' għand l-omm, opportunitajiet fuq il-post tax-xogħol jingħataw aktar lill-irġiel peress li min iħaddem jaqta' qalbu jħaddem mara peress li din għandha dritt għal madwar erba' xhur liv tal-maternità. Infatti xi membri parlamentari wkoll tkellmu li għalkemm kontra l-ligi, għad hawn postijiet tax-xogħol fejn ċerti ħaddiema, sempliċiment għax huma nisa, jithallsu anqas mill-irġiel għall-istess xogħol li jagħmlu. Mod ieħor ta' kif subien u bniet jiġu trattati differenti hu fl-iskejjel fejn għad hawn skejjel tal-bniet ma jipprovdux suġġetti meqjusa tas-subien bħall-Inginerija u skejjel tas-subien li ma joffrux il-*Home Economics*.



Fil-Parlament, ivvutajna favur ħames mozzjonijiet. Iddiskutejna u qbilna dwar intervent fil-bidunett ta' meta tiġi rrapportata l-problema. Tingħata l-ewwel għajnuna kemm lill-aggressur u kif ukoll lill-vittma minn psikologi, *counsellors* u *social workers*. Jekk il-problema terġa' tirrepeti ruħha mill-aggressur, aħna qbilna li għandu jkun hemm pieni aktar ħorox biex jitwassal messaġġ li l-vjolenza qatt ma għandha tiġi aċċettata.



Tkellimna wkoll dwar il-vjolenza bejn il-koppji (*dating violence*). Sfortunatament, qed jiżdiedu l-każi fejn zgħażaġh bejn it-tnax u d-dsatax-il sena qed jiġu mhedda minn *ex/boyfriends* tagħhom minħabba għira. L-istudenti qablu li l-vjolenza bejn il-koppji trid tkun meqjusa bħala reat daqs dak tal-vjolenza domestika. Il-vittmi tagħha għandhom isibu kull għajnuna biex jirrapportawha mingħajr xkiel.

Mozzjoni oħra li qbilna dwarha fil-Parlament hi li l-Ġudikatura, il-Pulizija, l-Edukaturi u professjonisti oħrajn, bħal psikologi, *counsellors* u *social workers* għandhom jingħataw taħriġ regolari u professjonali biex ikunu kapaċi jaħdmu bis-sħiħ kontra l-vjolenza domestika u dik fid-*dating* u hekk il-vittmi ma jhossuhomx skomdi li jmorru jirrapportaw għax ikunu jafu li ser ikun hemm min jifhimhom.

Aħna l-istudenti qbilna wkoll li jibda jkun hawn kampanji kontinwi ta' kuxjenza soċjali (*awareness*) u programmi edukattivi ta' prevenzjoni huma meħtieġa biex iwasslu għal bidla fis-soċjetà u tinbena soċjetà verament bi drittijiet indaqs. Dawn jinkludu edukazzjoni minn età zgħira, korsijiet biex iħejju għaż-żwieġ, korsijiet għall-ġenituri fit-trobbija tal-ulied u korsijiet fuq relazzjonijiet sani mingħajr abbuż. Qbilna li dawn il-kampanji jridu jsiru permess tal-midja kemm tradizzjonali kif ukoll dik soċjali, messaġġi u attivitajiet pubbliċi oħra biex ikollhom l-aqwa effett fuq is-soċjetà. L-aħħar mozzjoni li vvutajna favuriha fil-Parlament hi l-ligi biex telimina d-differenza fil-pagi bejn is-sessi u kif ukoll biex tinkoraġġixxi lis-subien u l-bniet jidhlu għall-korsijiet li minnhom huma tradizzjonalment esklużi fuq bażi ta' ġeneru.

Din kienet esperjenza sabiħa immens għalina l-istudenti għax mhux biss rajna kif jiġi mmexxi l-Parlament



imma wkoll stajna nagħtu l-opinjoni tagħna u nivvutaw biex nuru jekk naqblux jew le mal-mozzjonijiet. Eja bħala soċjetà naħdmu lkoll flimkien biex neliminaw il-vjolenza domestika.

*Rachel Abela, Martina Sammut,
Maya Schembri, Milagros Galea,
Amy Buttigieg*
Studenti tal-Għaxar Sena

MALTA JUNIOR SCIENCE OLYMPIAD



On Friday 24th November, Nikolai Agius, Karl Vella and Gerard Zammit Young, accompanied by their Chemistry teacher, Ms G. Schembri, represented our school in the fourth edition of the Malta Junior Science Olympiad. This event that targets gifted and talented Form 5 Science students was held at Gozo College Secondary School, Victoria Gozo and our team competed against twenty-eight groups coming from State, Church, Private and Independent schools. Our team of young scientists managed to achieve second place in this interschool competition and it was the first time that a group from our school managed to make it to the podium. In order to celebrate this success, Ms G. Schembri and Mr J. Azzopardi interviewed the team. The following are the students' replies:

Why were you so keen to participate?

When we were still in Form 1 and Form 2, the three of us took part in various science events and national competitions, one of which was a science competition organised by the NSTF where Nikolai, along with other students from Form 4 of that year, placed third. The same year, the Science Safari was won by the team which Karl and Gerard formed part of. After experiencing these events, we were keen on taking part in the Malta Junior Science Olympiad.



How did you prepare yourselves for the competition?

Each of us was assigned one of the sciences; Nikolai had biology, Karl had physics and Gerard had chemistry. We had extra 'training' lessons during the mid-day breaks about each subject from Mr Spagnol, Ms Grixti, Dr Gauci and Ms Schembri, who were a great help and provided very valuable information which we used during the competition.



What did the competition involve?

The competition involved going to the Gozo College Secondary School where we were given space in a laboratory and three booklets, one for each science subject. Each booklet consisted of two or more experiments which we had to perform. From the results of these experiments we could answer questions in the same booklet. We had to manage to do these experiments in three hours and after that we came back to Malta on the ferry.





What challenges did you encounter?

In the Biology part of the competition, one of the experiments involved a celery stick, which had been cut quite some time before the experiment. Consequently, some of the results were not so good. Cross-contamination was also a challenge as we only had a definite amount of beakers and test tubes which we could use.

How did you feel during the Award Ceremony?

Before arriving at the venue of the ceremony, we were all very excited, and we arrived just in time as it was about to begin. After a short feature about the competition and a talk from previous participants, the results were out! We had placed second. We felt really good about the podium place, but we were disappointed as the first place was within our reach.

Did you find this experience enriching?

We found this very enriching as we learnt a lot of new things both from training and the competition itself. We got valuable experience for the future and learnt how to think strategically to solve problems.

Did this experience lead to any opportunities?

Our participation and placement in the Science Olympiad led to an internship at the University of Malta next summer. We will be working in the Faculty of Science, each of us specialising in a different science subject. Furthermore, although unrelated to the Science Olympiad, Karl and Gerard will be embarking on a week-long trip to Romania at the beginning of August along with three other biology students and two teachers. They will shadow scientists carrying out their research in the Natura 2000 park in Transylvania. Both these experiences will surely lead to more hands-on education which will surely help us in the future.



CHOOSING THE RIGHT FLUSHING SYSTEM



The Eco-Schools committee members at St Benedict College, Kirkop Secondary School carried out an assessment where it was found that the toilet flushing system throughout the school was consuming a lot of unnecessary water due to their button flushing. A survey was carried out by the same students and reported.

From this survey a three-year plan was proposed. This involves the changing of all the flushing systems from button flushing to cistern flushing of a specific floor, each year. This change will drastically reduce the amount of water consumed when flushing. To save even more water, the committee members proposed the installation of a tank on the rooftop to



collect rainwater, which would supply the water needed for the new cistern flushing toilets.

This proposal would not only greatly benefit the students and faculty of the school, but also the surrounding community that makes use of the school premises after school hours for football and sports activities, lifelong learning programmes and other extra-curricular activities.

The first year of this project is being funded by HSBC Malta Foundation in support of the Water Explorer Project coordinated locally by Eco-Schools/Nature Trust FEE Malta.

The Eco-schools Committee

TIKKA MATEMATIKA

This year our school hosted the national conference “Tikka Matematika” which was organised by the Directorate for Learning and Assessment Programmes in collaboration with the Institute for Education. This two-day conference was attended by a number of secondary school Mathematics teachers together with other primary school teachers and members of the SMT. Its main aim was to disseminate examples of sound pedagogical practices in teaching mathematics.



This conference, held on Tuesday 20th and Wednesday 21st February, was partly financed through funding from the European H2020 research & innovation programme – project Scientix³ coordinated by European Schoolnet (EUN).

The programme included different presentations and various workshops on both days. The 160 participants attending the conference were addressed by Hon. Evarist Bartolo, Minister of Education and by the Director General, Mr Stephen Cachia. They also had the opportunity to participate in an interactive presentation and in a workshop prepared by Prof. Colin Foster who is an Assistant Professor at the Centre for Research in Mathematics Education in the School of Education at the University of Nottingham, UK. Teachers and members of the SMT also prepared presentations on the good practices organised in their own school. These presentations varied from whole school approaches to class based systems in the teaching and learning of mathematics.



tikka matematika

One can say that this conference was an outstanding achievement. It was a good opportunity for people involved in mathematics education to share ideas and experiences and create networking opportunities. The underlying perspective of the conference was quality mathematics teaching and learning for all.

L-GĦANJA TAL-POPLU ŻĠHAŻAĠĦ 2018



L-GĦANJA TAL-POPLU ŻĠHAŻAĠĦ

Nhar il-Ġimgħa 2 ta' Marzu it-teatru tal-iskola sekondarja tal-Kulleġġ San Benedittu ra fih għall-ewwel darba festival nazzjonali b'xandira diretta fuq TVM2. Dan wara li l-iskola tagħna ġiet mistiedna tkun il-co-producer tal-kumitat l-Għanja tal-Poplu biex torganizza dan il-festival immirat għaż-żgħażaġħ wara nuqqas ta' tnax-il sena.

Fost il-kantanti finalisti, li lkoll kellhom bejn il-ħdax u s-sittax-il sena, kien hemm żewġ kantanti li rrapprezentaw lill-iskola tagħna. Thea Aquilina, li kantat il-kanzunetta *Kieku Nista'*, ikklassifikat fit-tieni post fis-sezzjoni għal studenti li ġejjin minn skola sekondarja, filwaqt li Aidan Jay Drakard kien ir-rebbieħ ta' dan il-festival bid-dwett *Dwell* li kanta flimkien ma' Eliana Gomez Blanco. Bħala parti mill-premjju, Aidan u Eliana se jkunu qed jirrapprezentaw lil pajjiżna f'festival l-Italja iktar tard din is-sena.

Il-kantanti kollha kienu akkumpanjati minn grupp ta' sittax-il mużiċist mill-*Malta Concert Orchestra*, taħt it-tmexxija ta' Maestro Joe Brown. Il-prezentaturi ta' dan il-festival kienu wkoll żewġ studenti mill-iskola tagħna, Kayley Cuschieri u Nathan Aquilina, flimkien ma' Corazon. L-eks-student tagħna Tristan Zammit kellu wkoll sehem fil-ġbid ta' kartolini li ntwerew qabel kull kanzunetta u filmati oħra li ntużaw għall-promozzjoni.

Filwaqt li nawguraw minn qalbna lir-rebbieħa ta' dan il-festival u nawguraw lilhom u lill-kantanti kollha l-isbaħ xewqat għall-futur tagħhom, inhegġu aktar żgħażaġħ sabiex jithajru jieħdu sehem fl-edizzjoni li jmiss, mhux biss bħala kantanti imma b'iktar sehem fil-kitba u l-kompożizzjoni ta' kanzunetti bil-Malti immirati għaż-żgħażaġħ.



Is-Sa R. Mamo
Performing Arts

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B.U.

BE YOURSELF

B.U. – Be Yourself. Kienet rappreżentazzjoni teatrali maħsuba u mtellgħa kollha kemm hi mill-istudenti bħala parti mill-kors li qed isegwu fil-*Performing Arts*



b'kollaborazzjoni mal-MCAST. L-istudenti kienu preparati ħafna u rnexxielhom iwasslu messaġġ verament qawwi permezz tal-korjografija tagħhom. Matul iż-żewġ rappreżentazzjonijiet kien hemm skiet perfett u kulhadd kien qed jitpaxxa bil-ġmiel ta' żfin u effetti tad-dawl. Imma l-aktar importanti, kulhadd kien qed jgħarbel il-messaġġ li riedu jwasslu l-istudenti tagħna.

Kulhadd għandu l-karattru tiegħu, kulhadd għandu l-istil tiegħu kif ukoll id-differenzi tiegħu, kulhadd jaħsibha b'mod differenti...imma dan m'għandu qatt iħallina ninqatgħu għalina. M'għandniex niddejqu nuru min aħna jew kif naħsbuha, kif nidhru u kif inħossuna. Wara kollox id-diversità tista' tgħaqqadna.

L-istorja hi dwar koppja li t-tnejn jappartjenu għal stil ta' ħajja differenti minn ta' xulxin. Għall-bidu ma kinitx faċli speċjalment meta jinkixef il-vera karattru tal-persuna. Imma wara kollox fid-diversità, il-ħajja tista' tkun isbaħ u aktar interessanti. Basta nuru rispett u tolleranza lejn xulxin.

Ir-rappreżentazzjoni kompliet b'monologu miktub u interpretat minn Samuel Sacco, student fl-iskola tagħna. Sacco qasam mal-udjenza l-esperjenza personali tiegħu. Però l-kliem magħżul kien mirqum b'tali mod li kulhadd seta' jaddatta l-istess kliem għalih personali. Kien mument li litteralment sammar lil kulhadd mas-siġġu jaħseb biss fuq ħaġa waħda. M'għandna qatt nittimbraw jew niġġudikaw lil ħadd. U kulhadd għandu jkollu l-kuraġġ sabiex juri hu min hu basta ma jwegġa' u joffendi lil ħadd.





L-ewwel parti għalqet b'kanzunetta oriġinali: Wake Up – B.U. miktuba, komposta u interpretata minn Maria Bellia, studenta tal-għaxar sena. Il-kanzunetta, ukoll b'messaġġ qawwi, kienet animata b'filmat mill-isbaħ u kienet milqugħa b'ċapċip kbir minn dawk prezenti.



Din ir-rappreżentazzjoni kompliet b'forum. Filgħodu kellna 3 żgħażaġħ ta' kuraġġ u ispirazzjoni. Minkejja n-nuqqasijiet fiżiċi tagħhom, huma żgħażaġħ li verament inisslu fiduċja. Kellna wkoll l-unur li magħna tingħaqad l-Eċċellenza tagħha, il-President ta' Malta, Marie-Louise Coleiro Preca.



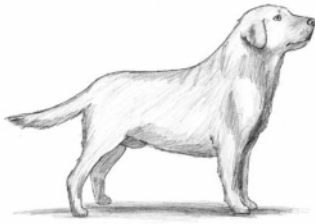
Filgħaxija l-forum tmexxa minn Mark Laurence Zammit u kellu miegħu jiddiskutu lil Oliver Scicluna, Kevin Cutajar, Chuck Bartolo u Deborah Schembri. Id-diskussjoni kienet waħda interessanti ferm fejn kulhadd, fil-qasam tiegħu, seta' jiddiskuti aktar dwar kemm hu importanti li naċċettaw lil kulhadd hu kif inhu.

B'sodisfazzjon, innutajna wkoll li kienu diversi sorsi ta' midja li taw prominenza lil din l-attività u dan jimliena aktar b'kuraġġ biex sena oħra nerġġhu ntellgħu produzzjoni b'messaġġ bħal dawn l-añħar sentejn.

Is-Sur K. Scicluna
Performing Arts



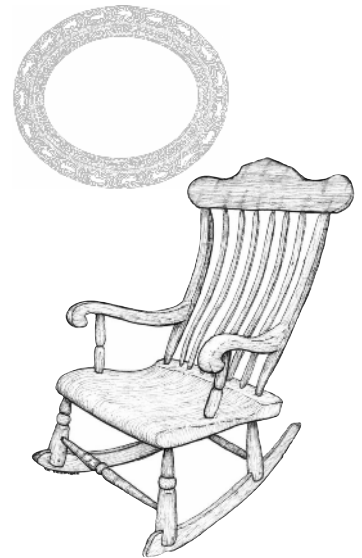
Dar misterjuża



Kont id-dar waħdi u ma kelli xejn x'nagħmel, għalhekk mort passigġata bil-kelb fl-imwarrab qalb il-kampanja. It-temp ma tantx kien jidher li se jippermetti. Fil-fatt, qabdet traxxax wara ftit u kulma jmur bdiet iżżid. Kont ninsab 'il bogħod mid-dar, għaldaqstant fittixt post fejn nistkenn sakemm tbatti x-xita.

Fil-viċin rajt dar kbira b'parapett. Mort nistkenn hemm, fuq l-ewwel tarġa li sibt. F'hin bla waqt smajt ħoss ta' bieb iżaqżaq u xhin indur, insib il-bieb tad-dar imbexxaq. Dak il-ħin, qomt biex mingħalija niskuża ruħi ma' sid id-dar talli qbadt u poġġejt bilqiegħda hemm, iżda ħadd ma tfaċċa. Il-kurżità għelbitni. Dħalt go din id-dar antika bil-kelb miegħi biex nara x'hemm u x'm'hemmx. Kif dħalt ma stajt nara xejn ħlief dlam ċappa u ħassejt degħxa bard ma' ġismi kollu.

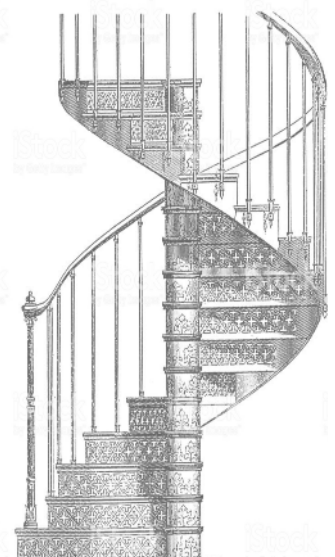
F'daqqa waħda smajt il-pjanu jdoqq waħdu melodiji antiki u drammatiċi li jqanqlulek sens ta' biża'. Anke l-kelb beda jibża' u jinbaħ bla heda iżda jien ridt inkompli nesplora din id-dar misterjuża. Għalhekk, bqajt dieħla fil-kċina u msarni niżlu f'saqajja hekk kif il-kxaxen bdew jinfethu u jingħalqu weħidhom. Ħassejt xi ħadd jimbuttani minn dahri u jħaxwex go widnejja kliem li m'għandix minn xiex nibża' u biex inpoġġi bilqiegħda u nieħdu kafè flimkien. Iżda hekk kif rajt is-siġġu ta' mal-mejda jersaq waħdu, twerwirt u ħrabt nigri 'l barra mill-kċina b'kemm kelli saħħa. Jien u ħierġa waqaft soptu. Rajt bħal dawl ħiereġ mill-kamra tas-salott u mort nittawwal.



Id-dawl kien ġej minn ħuġġieġa b'ħafna xemgħat madwarha. Kienet kamra lussuża b'ħafna nkwati antiki miksijin bid-deheb, purtieri mill-isbaħ disinn u materjal, ritratti ta' nies li kienu jidhru ġejjin minn żmien żemżem, ġojjelli u linfa kbira f'nofs il-kamra kollha deheb u kristalli. Bqajt impressjonata bis-sbuħija li kien hemm, iżda mbeżżgħa fl-istess ħin. Snieni bdew iċekċku bil-biża' xhin rajt is-siġġu ta' qrib il-ħuġġieġa jiċċaqlaq waħdu. Tirt 'il barra fil-kuritur. Kien hemm garigor u kont se nitla' fuq biex niskopri x'sigrieti oħra taħbi din id-dar. Imma malajr biddilt fehimti hekk kif meddejt l-ewwel pass fuq it-tarġa. Passi neżlin it-taraġ bdew jinstemgħu ġejjin. Indunajt li kemm jien u kemm il-kelb konna fil-periklu. F'riġt 'il barra mid-dar u ġrejtha kemm flaħt lura lejn id-dar.

B'nifsi maqtuġħ, smajt lehen omni jgħajjatli u tistaqsini xi ġrali. Qomt u sibt ruħi fis-sodda fil-kamra tiegħi! Mid-dehra għamel bija l-film li rajt qabel tlajt norqod!

*Maya Zammit
L-10 Sena*



Minn fuq iz-zuntier tal-knisja



X'ma tarax minn fuq iz-zuntier tal-knisja? Il-biċċa l-kbira ta' kull min jidhol jew joħroġ mir-raħal irid jgħaddi minn quddiemu. Is-solitudni għaz-zuntier ma teżistix ħlief għal xi sigħat tard billejl, għalkemm hemm nofs tużżana qtates dejjem jippassiġġaw min-naħa għall-oħra.



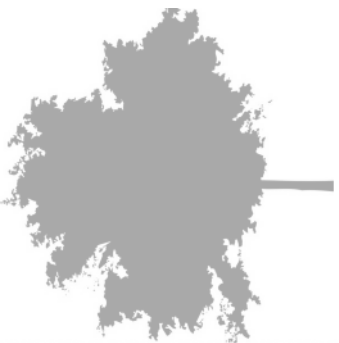
Fi żmien l-iskola, ta' kull filgħodu, prajvits u vannijiet jieqfu maġenb iz-zuntier jiġbru l-istudenti li jkunu qed jistennew biex jitilqu għall-iskola. Min ikun bilqiegħda nofsu rieqed fuq it-taraġ taz-zuntier, min ikun qed jiekol xi biċċa ħobż jew inkella jagħmel ix-xogħol tad-dar tal-iskola li jkun nesa jagħmel. Fuq in-naħa tax-xellug taz-zuntier hemm stejġ tal-karozza tal-linja li ftit li xejn ikun vojtt min-nies. Fuq kull naħa taz-zuntier hemm il-bankijiet tal-injam fejn kull ġenerazzjoni tpoġġi fuqhom. L-anzjani jħobbu jqattgħu xi siegħa hemm jgħidu kelma u jaraw x'inhu għaddej mit-toroq madwar iz-zuntier, filwaqt li klikek ta' żgħażaġh joqogħdu jistennew lil xulxin.



Fis-sigħat bikrin ta' filgħodu minn fuq iz-zuntier tara ċ-ċumnija ddaħħan u ftit wara tibda xxomm riħa taqsam ta' ħobż. Aktar tard ir-riħa tinbidel f'pastzzi, pizza, timpana u issa anke kejkijiet. Maġenb il-furnar hemm tal-kafè tat-tisjir u meta r-riħ ikun jagħti għal fuq iz-zuntier, timmaġinak qed tieħu xi kikkra. Ftit 'l isfel hemm il-każin tal-banda tar-raħal u minn fuq iz-zuntier tista' ssegwi xi programm tal-banda fiż-żmien il-festa filwaqt li titpaxxa tara l-ġmiel tal-bini jew kif jgħidulu l-'palazz'. Fuq ix-xellug taz-zuntier hemm tal-ħaxix li kuljum tarah iġib il-ħxejjex u frott frisk tal-għalqa tiegħu mill-vann. Minn fuq iz-zuntier tara wkoll il-ħanut taż-żebgħa kif ukoll il-barbier li Alla jbierku dejjem għaddej jaqta' x-xagħar bl-amment.



Fuq kull naħa taz-zuntier hemm erba' sigriet li għandhom għomor ta' bniedem. Mijiet t'għasafar tal-bejt joqogħdu qalb il-friegħi ħadrana tagħhom. Minn fuq iz-zuntier tisma' tgeġwiġija sħiħa ta' tisfir u weraq jiċċaqlaq 'l hemm u 'l hawn. Barra minn hekk, mal-ħin jiġi l-ħamiem inaqqar mill-frac tal-ħobż li jkun fadal. Fil-pjazza ta' quddiem iz-zuntier isiru bosta attivitajiet speċjalment fil-Milied, fil-Karnival, fl-Għid u iżjed matul il-ġimgħa tal-festa. Minn fuq it-taraġ taz-zuntier tara l-atmosfera tal-festa b'mod speċjali n-nar tal-art u dak tal-ajru li jtuh eżatt minn quddiemu.



Insomma, minn fuq iz-zuntier tal-knisja tara kull tip ta' spettaklu. Nies ta' kull lewn, min mgħaġġel jew min miexi bil-lajma, min jgħajjat jew isaffar, min jaqsam bl-adoċċ u min jgħaddi jsuq qisu f'tellieqa. Bla dubju minn fuq iz-zuntier tal-knisja żgur tisma' ħin jew ieħor l-ilħna tat-tfal ikantaw jew il-mużika taż-żgħażaġh idoqqu waqt xi quddiesa jew laqgħa.





**BENEDITTU
PRODUCTIONS**

Joyful Joyful

Ibbażat fuq il-films ta'

Sister Act

28 u 29 t'April 2018

fis-6:30 pm

fit-teatru

**tal-Kulleġg San Benedittu
Skola Sekondarja, Kirkop.**

B'risq: Qalb it-tfal



Segwuna fuq is-sit tal-fb **Benedittu Productions** għal aktar dettalji



Stamper: **CopyServ Ltd.**
Triq il-Mimosa, il-Hamrun
77 940 904
☎ ☒ info@copyservltd.com

Bord Editorjali:

Editor: *Claire Camilleri*
Disinn: *Adrian Galea*
Issettjar: *Jurgen Azzopardi*
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Qari tal-Provi
u tajpisti:

*Desiree Dimech, Elizabeth Grech Scicluna,
Evangeline Azzopardi, Francesco Bonello,
Joseph Spiteri, Kirsty Callus,
Sue Ellen Cachia.*